

Shinto Muso-ryu jodo seminar led by Patrik Orth, teacher of the European Jodo Federation (FEJ) took place on February 11-12-13 in Kyiv.

The practice was attended by 28 people from Kyiv, Kramatorsk, Uzhgorod, Zaporizhzhia, Kherson, Rivne, Konstantinovka and Sevastopol.

The kihoh tandoku, kihoh sotai was explained and worked out very carefully and in details.

We also practiced the Omote kata, part of the Chudan kata for the advanced and some kenjutsu kata.

This seminar focused on quality, not the quantity of techniques. We also received guidance in finding our inner teacher. And 13 hours of training flew by in one breath.

In addition, there was an exam that 14 participants passed and improved their level.

Congratulations!

Till the next time!"

