

### **A Shinto Muso Ryu Jodo seminar was held in Rome on 12/13 March 2022.**

This event was made special by the presence and direction of Lorenzo Trainelli Sensei, 1° Italian Menkyo Kaiden in the tradition. The seminar saw the participation of 23 Jodoka from Rome, Foligno, Udine, Salerno, Bari, Milan, Padua, and Viterbo.



The work undertaken during the weekend was diverse, and fruitful both for beginners and experts. The program consisted of various forms of Uchikomi, Kihon Tandoku and Sotai, and a work on the Omote and Chudan series. A specific moment was dedicated to the practice of new kata, as well as on the preparation for the kyu exam session. All the 9 candidates have passed the exam successfully. Congratulations!

Seiryukai members who attended the seminar profited from an additional session, focusing on the practice of Okuden and Jutte. As in the best Italian tradition, the free time was dedicated to conviviality and to celebrate the achievements reached by the whole group.



At the end of the seminar, everybody felt satisfied.

AD MAIORA!