



On June 18th and 19th 2022, Yves Galley was finally able to come back to O Sugi Dojo of La Mulatière, after 2 years of interruption due to pandemic. For this training that took place in the middle of a heat wave, almost all of the students from Lyon were on the deck, gathered b other students from other dojos: Marie & Jacky from Pierrefeu, René from Bâle, Yvan from Montreux, Christian & Flavien from Mâcon and Frédéric from Saint-Gilles. And Lydia also joined us, a iaido student, who first came just for the lesson in the morning and ho finally decided to remain with us all day long!

So the training began Saturday morning at 10:00 am (outdoors and even in the shade!) with a Kenjutsu lesson during which Yves wanted to deepen Kiri-Otoshi using a range of progressive exercises. From there, we studied 2 katas (Jyu & Shibarai) that begin with this opening.

Then Yves decided to immediately go on with katas using the Kodachi and to spend the rest of the morning on it, which allowed us, for once, to have plenty of time to study them.

We made a break at 01:00 pm, to take a deep breath (it was rather hot and shade was reducing). We had a picnic on site as usual, just a little time for a short nap, and then we started at 03:00 pm for a Jodo lesson. This ear, Yves decided to study the first six Kihon in depth and for each, to associate the study of one kata "signature" in which the Kihon was highlighted. We thus alternated tirelessly Kihon & Kata (except Lydia who only studied the first two and courageously worked on it all afternoon!)

The lesson had to stopped sooner than expected, at 5:45 pm, to allow the organization of an examination that Yves kindly accept to supervise : Cécile et Gilles, two students from Lyon, were thus able to validate their 4th Kyu in the presence of an official teacher.

In the evening, everybody gathered for grills at Yves & Nathalie. Eliane cooked eggplants (but how was the recipe called??)*. Cécile brought enough to celebrate her promotion; there were local specialties (solid & liquid) from several parts of France and Switzerland, and the sum of all this turned to an excellent evening!

And the day after, we all gathered at 9:00 am at the dojo, and we first studied Chudan and Ran-Ai, then Kage for the advanced (and for some of them new katas : ken side of Sakan & Ukan for Cécile, ken side as well of Kirikake & Chin-Chin for Marie-Pierre, and Ichirei no Kage for Carlos).

Then, by the end of the morning, while some students were working on their new katas, the most advanced had a dedicated time to study parallel weapons (Jutte & Kusarigama).



And then....it was the end! For those who could stay a little more, we had lunch in a restaurant downtown held by a student as well, to keep the atmosphere!), and then everybody went back home. Big thanks to Yves for his teaching, his energy and the care he gave to each and every one of us during this week-end. Big thanks also to the students from Lyon who cooked, did the shopping, managed the registration, hosted friends... as if there had never been any interruption!

** Translator's note: I can't even remember it!*