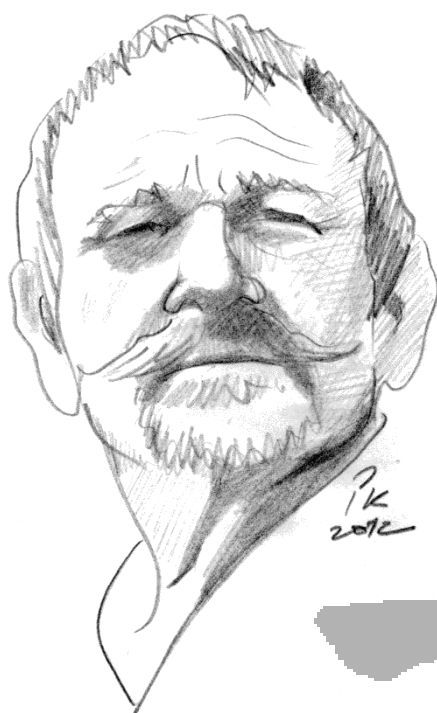


SORAGA 
2019 AIKI ❖ KEN ❖ JO

ALPINE BUDO SEMINAR 2019
XX TRADITIONAL JAPANESE MARTIAL ARTS
INTENSIVE SEMINAR

June 27 - 28 - 29 - 30, 2019

Soraga, Val di Fassa (Tn), Italy



The Alpine Budo Seminar celebrates twenty years!

*This extraordinary achievement comes as the result of the work of our teachers, **Malcolm Tiki Shewan Shihan** and **Pascal Krieger Shihan**, and of the passionate participation of many European practitioners.*

*Under their guidance, we shall polish our study of **Aikido, Aikiken, Iaido** and **Jodo** – the disciplines that have always formed the core of the seminar – in an intense and serene atmosphere, cherishing the memory of René Vandroogenbroeck Sensei (1941-2012), our dearest “VDB”.*

This year again, we shall be enjoy the hospitality of the Wellness Hotel Dolomia in Soraga, in beautiful Val di Fassa.

Our beloved teachers and I hope to welcome many of you, possibly with your friends and families.

A presto!

Lorenzo Trainelli



Summary of the event

Practice

The **Alpine Budo Seminar** started in June 2000 from the desire to bring together the practice of *Aikido*, of the sword arts (*Aikiken/Kenjutsu* and *Iaido*) and of *Shinto Muso-ryu Jodo* (the Way of the Stick) in a four-day ‘full-immersion’, following a model already experimented in one among the most important European *Budo* seminars, the “Stage des Iles” in Cannes, France.

The seminar is directed by two of the most renowned European experts: **Malcolm Tiki Shewan Shihan**, *Aikido* VII Dan and deeply versed in *Iaido* and *Kenjutsu*, and **Pascal Krieger Shihan**, *Shinto Muso-ryu Jodo Menkyo Kaiden* (the highest rank in traditional schools) and expert in *Iaido* and *Judo*. In addition to their extraordinary technical mastery and long-time didactical association, these teachers have touched the heart of the practitioners for their rich personalities, openness, and dedication.

The proposed work will combine an introduction to each discipline with its own peculiarity with an emphasis on the unity of principles underlying different forms of *Budo*, on the basis of a specific theme, acting as the “fil rouge” of the whole seminar.

Location

Wellness Hotel Dolomia, Via Molin 2, 38030 Soraga (Val di Fassa, TN), Italy.

Tel. 0462.768107 – E-mail: info@wellnessfassa.it – Web: <http://www.dolomiahotel.com>

Dates and time schedule

Opening on Thursday, June 27th, at 2:00 pm – Closing on Sunday, June 30th, at 1:00 pm.

Participation conditions

We propose the participants a full “package” including:

- practice of the arts: *Aikido*, *Aikiken/Kenjutsu*, *Iaido* and *Jodo* for about **18 hours total**;
- lodging in double, triple, 4-bed rooms as appropriate;
- all meals from Thursday evening dinner to Sunday breakfast;
- free use of the hotel relax & wellness facilities.

Variations for a reduced participation, accompanying persons and children are available. For details concerning each solution see the following pages and/or contact the organizer (below).

Organization and information

Lorenzo Trainelli mob. +39.340.6985428 – email lorenzo.trainelli@gmail.com

Technical programme

Planning

Practice starts on Thursday, June 27th, at **3:00 pm** and closes on Sunday, June 30th, at **1:00 pm**.

About **18 hours of practice** are envisaged, a part of which in common classes, another in parallel courses, in the following disciplines: *Aikido*, *Aikiken* with elements of classical *Kenjutsu*, *Iaido* (*Muso Shinden-ryu* and possibly other schools), *Shinto Muso-ryu Jodo*.

Weapons practice will take place **in the open air**, in the hotel garden, while *Aikido* and *Iaido* practice will be held in a modern hall equipped with *tatami*, also within the hotel premises.

The **detailed programme** will be settled on-the-spot: in addition to practice and resting time, it will include the traditional conference on **Shodo** (Japanese calligraphy) by P. Krieger, *Shodo Shibhan*.

Saturday morning, given suitable weather conditions, a **mountain practice session** is scheduled, in a nearby valley at 2,000 m. A meal – fully arranged by the hotel – will be served on place.



Equipment

It is mandatory to bring, together with a few **keikogi** and the **weapons** (*bokken*, *jo*, *tanto*, possibly *iaito*), the minimal equipment for a **mountain walk** (trekking boots, wind coat, small rucksack, etc.). Sunglasses and a peaked cap may be useful for **outdoors** practice. Please consider the possibility of variable weather conditions in an alpine climate setting.





General information

Lodging

The seminar will take place at the **Wellness Hotel Dolomia** in Soraga (Tn), close to Moena, at the beginning of beautiful Val di Fassa, at 1200 m:

- **Classic rooms and new suites** with private bathrooms, safe, telephone, TV, hair dryer, etc.;
- bar, tyrolean-style stube, game room;
- a **very refined cuisine**, including thematic menus;
- a **wellness center**, included in the full board;
- a **new swimming pool**, included in the full board;
- **gymn hall** and spaces for outdoor training;
- **family hut** at the Conca di Fuchiade (1,900 m, close to S. Pellegrino Pass).

For further information:

<http://www.hotelsayonara.net/>

Mandatory reservation procedure

Those interested in the seminar should contact the organizer **as soon as possible**.

An advance payment of 50 Euro will be requested for each participant (practitioners and non-practicing guests alike).

Please send an **email message** to the address: lorenzo.trainelli@gmail.com writing:

- the full names, place and date of birth of all the participants in the group,
- dates and times of arrival and departure,
- and telephone number.

Specific needs

At the time of reservation, please communicate possible personal requirements (ex. vegetarian, additional nights, baby cradle, etc.).

Participation fees

Practitioners

The full “package” includes:

- practice of the disciplines: *Aikido*, *Aikiken/Kenjutsu*, *Iaido* and *Jodo* for about **18 hours total**;
- lodging in classic rooms (the new suites are available as well, with a surcharge);
- all meals from Thursday evening dinner to Sunday breakfast;
- free use of the hotel relax facilities.

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| Complete seminar: 330 Euro |
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The seminar is conceived to be attended in its entirety. In case this is not possible, please contact the organizer as soon as possible.

Non-practicing guests

Accompanying persons can take advantage of **reduced** participation fees. Also, **further reductions** apply for children, according to their age. Please contact the organizer for detailed information.

Balance payment

Due to organizational needs, the rest of the participation fee **must be paid in cash** to the organizer within Saturday, June 29th, at 12:00 pm. Please note that credit cards, bank cheques or other forms of payment will **not** be accepted.

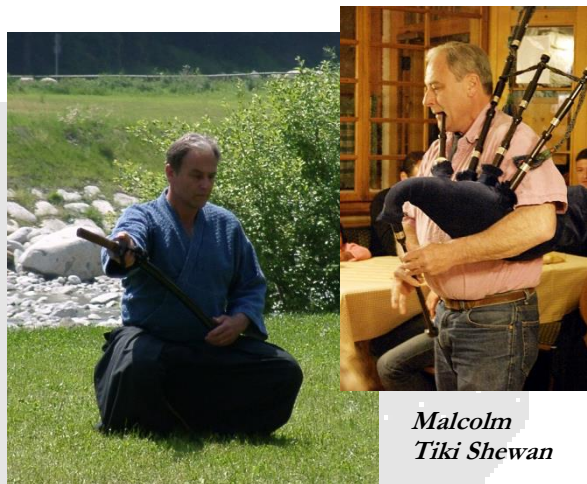
Directions

Hotel Sayonara is easily reached by car: from the A22 motorway exit “Egna-Ora/Neumarkt-Auer”, follow signals for Cavalese, Predazzo, Moena, up to Soraga. For further information, including public transportation and touristic enquires, please visit the website <http://www.fassa.com/>

Teachers

Malcolm Tiki Shewan

Aikikai Shihan VII Dan, student of Tamura N. Shihan since 1964 and of other students of the Founder M. Ueshiba, and expert in *Kenjutsu*, *Iaijutsu* and *Iaido*. Following his beginning in New York in 1962, he has been exposed to the teachings of various classical schools, such as *Muso Shinden-ryu*, *Tenshinsho Jigen-ryu*, *Takenouchi-ryu*, *Yagyu Shinkage-ryu*, also during prolonged stays in Japan. Founder and Technical Director of the European Iaido Federation (FEI-EIF), *Shihan-dai* of Ryushin Shochi-ryu and Technical Adviser of the Mutokukai Europe Aikido network, he is also versed in traditional Japanese sword forging. Author of the introductory bilingual English/French book entitled "*Iaido, l'Art du Sabre Japonais/The Art of Japanese Swordmanship*" and of the comprehensive work "*Japanese Swordmanship*" dedicated to the complete Muso Shinden-ryu tradition.



Malcolm
Tiki Shewan

Pascal Krieger

Student of the 25th headmaster of Shinto Muso-ryu Jodo, Shimizu Takaji, since 1969, and after of Nishioka Tsuneo Sensei, in 1998 he received the *Menkyo Kaiden*, the highest teaching license in this art. Technical Director of the European Jodo Federation (FEJ-EJF) and President of the International Jodo Federation (IJF), he also practices *Judo* (IV Dan), *Iaido* (Adjoint Technical Director of the European Iaido Federation), *kenjutsu*, and the weapons associated to *Jodo*: *tanjo*, *kusarigama* and *jutte*. He is also an accomplished expert in *Shodo*, the "Way of calligraphy", in which he holds the highest qualification (*Shihan*). Author of the bilingual English/French book on *Shinto Muso-ryu* entitled "*Jodo, la Voie du Bâton/The Way of the Stick*" and of the trilingual English/French/Spanish book on the relation between *Budo* and *Shodo* entitled "*Ten-jin-chi*" (Heaven-Man-Earth). In 2008, after an accurate examination lasted some months, the Japanese government honoured him with the imperial decoration of the *Rising Sun with golden and silver rays* for outstanding merits in the diffusion of Japanese culture and arts.

Pascal Krieger

