

Ascension 2018 Weapons Seminar

Program of the seminar

Theme of the seminar : MA Aï

TÔ MA - CHIKA MA - UCHI MA, 3 distances of the fight and space time, its rhythm and its progress which give life to the attack.

Main goal of the seminar : Become aware of time, space and time in the space. Become aware of its positioning in the time and in the space and know how to bring an answer adapted to the situation of moment.

Technical Direction : P.KRIEGER Shihan, M.T.SHEWAN Shihan, D.BOETTI, G.TACHE.

Thursday May10, 2017

12h30 - Lunch
14h30 - Official opening
15h00 - 16h30 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
16h45 - 18h15 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
19h30 - Dinner
21h00 - Mondo
(P.Krieger Shihan/M.T.Shewan Shihan)

Saturday May 12, 2017

06h30 – 08h00 Sotai renshu
08h15 – Breakfast
09h15 – 10h30 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
10h45 – 12h00 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
12h30 – Lunch
15h00 – 16h30 Jodo/Ken/Iaido*class
or Preparation of exams
16h45 – 18h15 Exams (JODO/IAIDO)
or Jodo/Ken/Iaido* class
19h30 – BARBECUE
21h00 – Free !

Friday May 11, 2017

06h30 – 08h00 Sotai renshu
08h15 – Breakfast
09h15 – 10h30 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
10h45 – 12h00 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
12h30 – Lunch
15h00 – 16h30 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
16h45 – 18h15 Jodo/Ken/Iaido* class
or Jodo/Ken/Iaido* class
19h30 – Dinner
21h00 – SHODO
(Maria Rosa/Marie and Jacky)

Sunday May 13, 2017

06h45 – 08h00 EMBU
08h15 – Breakfast
09h30– 10h30 Seminar recapitulation
10h45 – 11h45 Common Keiko
Preparation of departure
12h30 – Lunch
14h00 – Departure from the Island

* At each time slot, two different workshops will be proposed.
(ex :Iaido or JODO, Ken or JODO, Iaido or Ken)

Ascension 2018 Weapons Seminar

Informations

Location :

The seminar takes place in the Fortress of the **Sainte Marguerite Island**, off the shore of Cannes, France. The ferry to the island departs from a dedicated dock at 10 min. walking distance from the train station, in **Quai Lebœuf**. Ferry timetable : 07h30 - 09h - 10h - 11h - 12h

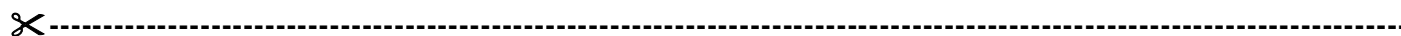
Seminar fee :

Complete Seminar **270€**
Single day without meal **30€**



Evening dinner on Saturday May 12, 2018 : As usual, we suggest you to have a **BARBECUE** for the last evening.

REGISTRATION



SURNAME :

Forename :

Adress :

Town :

ZIP :

Country :

E mail :

Tél :

Please send this registration form by **April 31, 2017** at the latest, including an advance payment by bank cheque for the sum of 100€ (in the name of Jodo Club Côte d'Azur), to **Claude ELANDALOUSSI** :

Les Fontaines de St Jean - 250 avenue Maréchal Juin - 06110 Le Cannet (France)

Email : luluclau@hotmail.fr

IMPORTANT

Lunch on Thursday yes no

Lunch of Sunday yes no

Végétarian yes no

Tee shirt : size S M L XL

IMPORTANT

I hereby declare to be fully insured for any accidents that may occur during the seminar, thereby waiving any liability from the organizer. And i do not oppose the possible use of my image.

Place and date :

Mandatory signature :