



EUROPEAN JUDO FEDERATION

2020 Summer Gasshuku

CHMIELNO
near
GDAŃSK, POLAND

August 2nd - 8th, 2020

with
PASCAL KRIEGER SENSEI
& Teachers from EJF



Invitation for Summer Gasshuku 2020!

We are glad to announce the **European Judo Federation** annual "**Summer Gasshuku 2020**". This year we invite you to Chmielno (near Gdańsk) in northern Poland.

Chmielno lies among picturesque lakes, hills and forests in the region called "Kashubian Switzerland" and this year celebrates the **800th Anniversary!** It is about 40 km from Gdańsk.

"Summer Gasshuku 2020" will assembly SMR jodokas from many European countries. Guided by Sensei and following him masters, we will discover new technical aspects and challenging concepts of Japanese Budo. Apart from intensive practice, we will share this time together.

So, it is an honor to enunciate a theme from Pascal Krieger Sensei dedicated for our Gasshuku:

"HITORI WA HAYAI, ISSHÔ WA TÔI"
**"Alone we go faster,
together we go further"**

Again, we cordially invite you all to the Gasshuku in Chmielno. Looking forward to see you!

Organizing Committee

Informations and program

Venue:

Pensjonat "Wichrowe Wzgórze"
Wichrowe Wzgórze Street, 13
83-333 Chmielno (40 km od Gdańska), Poland
www.wichrowe.info
GPS data: 54.3242 8.1011 (54°19'27.1"N 18°06'04.0"E)

Accommodation & Meals:

Accommodation in double, tripple persons bedrooms
"comfort" or "lux"
Meals (breakfast, lunch, dinner)

Schedule:

Arrival: 2nd of August, 2020 hours: 13.00 - 18.30

Arrival for teachers only: 1st August, 2020 till 14.00

Trainings schedule:

01.08.2020 - 15.00-18.00 teachers only

02.08.2020 - 9.00 - 12.00 teachers only

02.08.2020 - 15.00-18.00 teachers + group leaders

03.08.2020 - 6.00-7.00 All-Official Gasshuku Opening;
9.00-12.00; 15.00-18.00 all

04.08.2020 - 6.00-7.00; 9.00-12.00; 15.00-18.00 all

05.08.2020 - cultural day in Gdańsk (40€-50€ incl. lunch)
or free training in Chmielno

06.08.2020 - 6.00-7.00; 9.00-12.00; 15.00-18.00 all;

20.30-21.30 Calligraphy with Krieger Sensei

07.08.2020 - 6.00-7.00; 9.00-12.00

15.00-18.00 - Exam and Embu

19.15 - Dinner and Sayonara-party

Meals schedule:

breakf. 7.15-8.30; lunch 12.15-13.15; dinn. 19.15 - 20.15

Departure: 8th of August, 2020 (to 11.00)

Costs:

Seminar fee:	120 €
(T-shirt of Gasshuku 2020)	
Accommodation, meals	360 € (double)
and transfer to direct	340 € (trippel)
airport train:	

Registration:

1. Register participation by sending the questionnaire to e-mail: gasshuku2020@aikido-foundation.org
2. Transfer total payment to EJF, Banque Cantonale de Fribourg; Account: BCF 30.01.169.065-4
BIC: BEFRCH22
IBAN: CH860 0768 3001 1690 6504
Payment description: "Gasshuku2020 SURNAME NAME"
Payment accepted in Euro (bank transfer fees are in charge of each participants)
3. Registrations opened to June 5, 2020.



HITORI WA HAYAI, ISSHÔ WA TÔI

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How to get to Chmielno:

By Air

To Gdańsk-Airport you can fly with standard airlines or with faire airlines like Ryanair.com or Wizzair.com. Sometimes You may find a flight to Warsaw and come to Gdańsk with the train in 3,5h. From Gdańsk-Airport you have direct connection with a lokal train (PKM) to Kartusy. From Kartusy to Chmielno (11 km) we organize transport on 2nd and 8th of August (pls inform about your arrival time).

By Car: Chmielno - Berlin 5h, Zlin - 8h, St. Petersburg 16h, Geneva 17h, Amsterdam 12h, etc. (see: GPS data)

Accommodation for families:

Beinning of August is the top touristic season and it might be very difficult to find accommodations in Chmileno. We are in contact with some hotels/camping available to reserve rooms/bungalows for our group. It is also possible for accompanying families to have lunch and dinner at our hotel (advance reservation is required). If you need help, please contact us as soon as possible and we will provide assistance. Please contact Robert Gembal: +48 790 841 700 or mail: gasshuku2020@aikido-foundation.org

Contact:

Robert Gembal +48 790 841 700

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