

Shinto Muso-ryu Jodo 神道夢想流杖道



Seminar under the direction of
Lorenzo Trainelli, SMR Go-mokuroku
with the collaboration of
Maria Rosa Valluzzi, SMR Sho-mokuroku
Daniele Romanazzi, SMR Sho-mokuroku

November 9-10, 2019

Lorenzo Trainelli is the leading teacher of the European jodo Federation in Italy. In 2017, he received his Go-mokuroku, third certificate of proficiency of the Shinto Muso-ryu tradition (out of four), after 21 years of committed practice. He is also an expert in Aikido (6° Dan) and holds ranks in Ryushin Shochi-ryu Iaijutsu (4° Dan) and Tenshinsho-den Katori Shinto-ryu (Mokuroku).

Location —● Gymn hall of the school “A. Negri”
Via Monte Zebio 8, Cesano Maderno, Italy

Time schedule —● Saturday h 9:30 - 12:30
h 14:30 - 17:30
Sunday h 9:30 - 12:30

Saturday lunch —● Provide yourself with a light meal.

Participation fee —● 60 Euro

Information —● e-mail smkmilano@gmail.com

Shinto Muso-ryu (SMR) Jodo is a classical discipline of armed combat based on numerous forms (kata) of defence using a stick (jo) against an attacker wielding one or two swords. It represents an ideal complement to the practice of such arts as Aikido, Judo, Jujutsu, Karate, Kendo, and Iaido.

The seminar is open to all interested individuals, provided they are fully insured for the practice of martial arts.

The seminar is organized by Seiryukan Dojo (regular Jodo courses in Milano, Italy) under the auspices of the European Jodo Federation (EJF) and of the Seiryukai Europe school of Jodo led by Pascal Krieger Shihan, SMR Menkyo-kaiden (the highest certificate of proficiency of the school).

European Jodo Federation —● internet www.fej.ch