

MAY 21 to 24, 2020

# 41e

**Location : Les Iles de Lérins (Cannes)**

**Information : Claude ELANDALOUSSI**

**☎ 06 16 58 31 95 mail : lulucclau@hotmail.fr**

## **JODO**

**Gilles TACHE**  
*Menkyo Kaiden SMR*  
*Kuden Teacher (FEJ)*

## **IAIDO / KEN**

**Dominique BOETTI (et J.M DESSAPT)**  
*4<sup>e</sup> dan Iaido MSR*  
*Chuden Teacher (FEJ)*

## **AIKIDO**

**Daniele ROMANAZZI**  
*6<sup>e</sup> dan Aikikai so Hombu*  
*Shidojin Mutokukai Europe*

# 41<sup>e</sup> Les Iles Seminar 2020

## Program of the seminar

**Theme of the seminar :** KAESHI WAZA

**Main goal of the seminar :**

The overall interpretation would be "how to return a situation to its advantage". To quote Pascal Krieger Shihan, the basic meaning is to "reverse the weapon", to reverse the attack. This situation can happen thanks to the energy developed during the initial attack and turn against its initiator. The window of action, and therefore of reaction, is very narrow. The answer must then be spontaneous, intuitive and based on solid fundamentals (Shisei-Zanshin-Mai-Kikentai) ...

**Technical direction :** D.BOETTI (and JM.DESSAPT), D.ROMANAZZI, G.TACHE.

### Thursday May 21, 2020

12h30 - Lunch  
14h30 - Official opening  
15h00 - 16h30 KEIKO \*  
16h45 - 18h15 KEIKO \*  
19h30 - Dinner  
21h00 - MONDO

### Saturday May 23, 2020

06h30 - 08h00 Sotai renshu  
08h15 - Breakfast  
09h15 - 10h30 KEIKO \*  
10h45 - 12h00 KEIKO \*  
12h30 - Lunch  
15h00 - 16h30 KEIKO \*  
or Preparation of exams  
16h45 - 18h15 Exams (JODO/IAIDO)  
or KEIKO \*  
19h30 - BARBECUE  
21h00 - FREE !

### Friday May 22, 2020

06h30 - 08h00 Sotai renshu  
08h15 - Breakfast  
09h15 - 10h30 KEIKO \*  
10h45 - 12h00 KEIKO \*  
12h30 - Lunch  
15h00 - 16h30 KEIKO \*  
16h45 - 18h15 KEIKO \*  
19h30 - Dinner  
21h00 - Shodo's class (MR.V/J et M.P)

### Sunday May 24, 2020

06h45 - 07h45 EMBU  
08h15 - Breakfast  
09h30 - 10h30 Seminar recapitulation  
10h45 - 11h45 Common Keiko  
Preparation of departure  
12h30 - Lunch  
14h00 - Departure from the Island

\* At each time slot, two different workshops will be proposed.



# 41<sup>e</sup> Les Iles Seminar 2020

## Informations

Location :

The seminar takes place in the Fortress of the **Sainte Marguerite Island**, off the shore of Cannes, France. The ferry to the island departs from a dedicated dock at 10 min. walking distance from the train station, in **Quai Leboeuf**. Ferry timetable : 07h30 – 09h – 10h – 11h – 12h .....

Seminar fee :

Complete seminar: **270€**

Single day without meal : **30€**



**Evening dinner on Saturday May 23, 2020 :**

As usual, we suggest you to have a **BARBECUE** for the last evening.

## REGISTRATION



SURNAME:

Forename :

Adress :

Town :

ZIP :

Country :

E mail :

Tél :

Please send this registration form by **April 30, 2020** at the latest, including an advance payment by bank cheque for the sum of 100€ (in the name of Jodo Club Côte d'Azur), to Claude ELANDALOUSSI : Les Fontaines de St Jean - 250 avenue Maréchal Juin  
06110 Le Cannet (France) Email : luluclau@hotmail.fr

### IMPORTANT

Lunch on Thursday ☐ yes ☐ no

Lunch on Sunday ☐ yes ☐ no

Végetarian ☐ yes ☐ no

### IMPORTANT

I hereby declare to be fully insured for any accidents that may occur during the seminar, thereby waiving any liability from the organizer. And i do not oppose the possible use of my image.

Place and date:

Mandatory signature: