

It's been now 8 years in the row that Yves Galley comes to run a jodo training at O Sugi Dojo, at La Mulatière, in the suburb of Lyon, and the last one took place on June 23rd and 24th 2018. Almost all Lyon students were up, as well as Jean-Jérôme who came with Yves, and Guillaume & Matthias. On Saturday morning, some O Sugi Dojo fencers came to join us for the kenjutsu lesson.

Training started on Saturday morning at 10:00 am by a kenjustu lesson during which Yves made us work the Kiri-Otoshi notion throughout several graded exercises. Then from there, we studied all the katas from Shinto Ryu Kenjutsu that included this technique.

We had a little break at 1:00 pm for our picnic lunch and restarted at 2:30 pm with a jodo lesson to discover the theme Yves wanted us to work during the training. As it happened, it was the work of the back hand he wanted to insist on, and on the fact that the hip must immediately turn to allow this hand to get into Honte-Uchi position as soon as the cut begins.

We've been working on this theme for the whole after-noon, first with a long time spent on Kihon Tandoku, then with the successive study of Omoté & Shudan series.

In the evening, we all gathered by Yves & Nathalie's at 9:00 pm. Eliane cooked a vegetables crumble, Yves the grilled meat, each person brought something to eat or to drink to complete. And the temperature was just perfect to take the most of a nice evening in the garden. As usual, we made the world different and you know what? We spent a very great time!

The day after, we meet at 9:00 am and resumed our work with the same theme to do the Kihon Sotai. Yves then worked with the more advanced students to study Jutte, while other students kept on working on Chudan, especially on new katas learnt during the week-end (Shin-shin & Kiri-kake for Eliane & Ushiro Zue Zen for Marie-Pierre).

Finally, Yves took his ken and acted as partner with each student, asking them to choose one kata.

Then, to end with a high note, François passed his 4th Kyu, and Yves himself acted as partner. He gradually announced the kihon, and on the other hand – surprise! – he asked him to choose the 3 katas he wanted to show. And everything went on very well, congratulations François! And many thanks to Yves for his availability until the end!

Then, the training ended. And at this is the moment, when everybody was already about to leave, we realized that we forgot the traditional group picture! We must admit that we have been busy for the whole week-end. This is the reason why... So, to be forgiven, hereunder a little picture....



A last picnic lunch (to finish the leftovers, as usual!) ... and everybody went back home. I just want to thank all Lyon students involved in this training, those who cooked, those who did shopping, registration, those who lodged friends..... and who contribute to make a successful training, even if, unfortunately, we've been less than expected.

Longing for next year!