

For the fourth time in the row, we had the great pleasure to welcome Gilles TACHE and Jean-Claude HAMEL for a Jodo training at La Mulatière, in the suburb of Lyon, on March 30<sup>th</sup> and April 1<sup>st</sup> 2018

As the first lesson on Saturday morning was planned rather early, lot of people arrived on Friday evening, from Cannes and Nice of course, in Jacky & Marie's van and Marie-Ange's car, but also from Bordeaux, Rémilly, Paris and even Switzerland! Everybody was put up by students (or even student's neighbors). And the day after we were joined by people from Grenoble who arrived in time for the Kenjutsu lesson given as usual by Jean-Claude at 6:30 am! For almost 2 hours we tried out, a serie of exercises aiming at make us feel the Ki-Musubi notion. And despite few bumps, this did not cool the students' enthusiasm!

For the next lesson at 9:00 am, we were joined by few iaido students from La Mulatière and almost all the jodokas from Lyon were present, at the end we were about thirty. We first went on with Ki-Musubi work with Jean-Claude, and ended the morning conducted by Gilles who made us work on Ma-Aï no Tachi.

After a picnic lunch all together (as usual, organised by jodo class, and as usual we were very lucky because in spite of a not really promising weather, the sky cleared up just in time to allow us eating outside in the sun!) we went back to training.

It was then the beginning of Jodo work. And first of all, Marie & Jacky presented their calligraphies done to illustrate the training theme, Ki-Musubi. Among the different writings they used, the most surprising was the Tensho form, usually used for the seals, and rather unexpected to use with a bigger size paper.

Then, as the weather was irresistibly too nice to stay inside, we went out to work all together on Kihons Sôtai, and especially insisting on "Chu" from, which was the most relevant one to experiment Ki-Musubi notion. All the afternoon long, we kept on working in that same way, first with a rather long time spent on Kasari, and then going back to Omote katas, insisting on linked-up movements that allow expressing this notion in the best way. By the end of the after-noon, the most advanced students went on the same work with Ran-Aï

In the evening, as always, we all went to Yves & Nathalie, around different (and numerous) pies cooked by Eliane. All our guests did not come with empty hands, and among various culinary specialties, and good drinks, the party kept going on until late in the night for the bravest! Having said that, as you can see, it was pretty lively there!



And the day after, almost everybody was there on the tatami, at 6:30 am for a Tanjojutsu lesson with Gilles who began with the specific Kasari of the series (insisting on Ki-Musubi notion of course!), before going on with the study of the whole serie. Then everybody gathered at 9:00 for the last lesson of the day and after a common work dedicated to Kihon Tandoku, all students got separated into different groups according to their levels: the most advanced ones could study Gohon no Midare, followed by Okuden and Kusarigama series. Meanwhile the other students improved Chudan serie.

And at noon, end of the training, we shared a last picnic lunch before our guests resumed their journey. ...

Until we all meet again next year, it is time to thank all the people who made this training a successful one: whether those who gave their energy and will of practicing (but also of having fun after studying!) or those from here, students or neighbours, who worked out for a successful week-end, in order to justly welcome our guests, through accommodation, dealing with registration, cooking, cleaning the dojo, doing the shopping..... And all this, always keeping their good humour!