

After a first seminar in December 2016, Michel DUCRET & Michel COLLIARD accepted to come back to La Mulatière on January 20<sup>th</sup> and 21<sup>st</sup> 2018. They arrived on Friday evening and leaded our weekly class, to our great delight.

The day after, we were about thirty (including 15 jodokas), and we began the seminar with a class together with La Mulatière iaïdo students. Michel & Coco made us work several katas of Shinto-Ryu Kenjutsu school to demonstrate a fair idea of Shinto Muso Ruy Jodo serie as part of parallel weapons. Then in the second part of the morning, Dominique ANDLAUER, who welcomed us on his tatamis, went on to make Jodo students discover its work.

At 12:30, we all stopped to have a common lunch organized by the club. We stayed sheltered from the rain, it was pouring, it was no time for an outside picnic!

Then at 02:00 pm, we stated back our training session until 06:30 pm. We were only jodokas left, excepted Jérémy and Jean-Yves, wo are aikidokas from Vaulx-en-Velin and La Mulatière. With Line, from Grenoble, they formed a 3 beginners group, headed by Michel, while Coco led the rest of the group (with students from Clermont-Ferrand, Paris, Grenoble and Montreux, plus of course those from the club) for Kihons Tandokus and Kihons Sôtai.

As it turned out that everybody but one students were in Chudan, Michel and Coco decided to focus on the study of this serie. Meanwhile, François was going on with the Ken part in Omote, we studied Chudan katas, one by one, with many precisions brought by Michel and Coco.

Then, in the second part of the afternoon, Michel, Coco and Nathalie took the ken to be Uchidachi for students less ahead, who could therefore study katas of their choice.

In the evening, all those who wanted met, as usual, by Yves and Nathalie's for a small drink, followed by "Tartiflette Pies", prepared by Eliane (perfect for a rainy winter weather). There were lot of things to eat and drink, brought by students, and we consequently ate well, drunk a little, and, in a general way, had a very good time!

On Sunday morning, we came back to conscientious work, starting at 9:00 am with a Tandoku study on basic technics (Honte-Uchi, Gyakute-Uchi, Ikki-Otoshi, Maki-Otoshi), before to divide once again into 2 groups. Beginners worked out on Kihons Tandoku and the rest of the group went on with the end on Chudan.



By the end of the morning, Coco headed Nathalie on Jutte study, and the lesson ended by a whole demonstration of the Gohon-no-Midare serie.

At noon, last picnic all together, we finished the leftovers of the "tartiflette", before everyone got back home. The end of a seminar is always a little sad, but Michel and Coco agree for coming back next year, so.....

In the meantime, I will say the same as I said last year: thank you to our 2 teachers, who spent their whole time for us for all the week-end, and thank you to all those who made this seminar a successful moment: outsiders students who came with their enthusiasm and will to practice, those from the club who did their best all week-end long, handled with registration, cooking (thank you Eliane), cleaning of the dojo, shopping... and got rid of any kind of difficulties even before they appeared !