



Russian branch European
Judo Federation
www.jodo-smr.ru

Sevastopol



February 07-09, 2020 we did a seminar on the practice of Shinto Muso ryu Judo. The seminar was held in the Republic of Crimea, the city of Sevastopol. Distance from St. Petersburg to Sevastopol 2900 kilometers. In Sevastopol, the SMR Judo group is young little but very diligently.

But with some friends we are familiar for more than 20 years. At the seminar there were people from another city - Simferopol. The main practice was developed to Kihon Tandoku, but Kata like Suigetsu, Shamen, Tachi Otoshi, Tsuba Ware, Tsukidzoe, Sacan, Monomi we were able to practice. Similar seminars in Crimea are held on a regular basis in February, October and August.

Andrei Marenkov

