

## 19th Central Shinto Muso Ryu Jodo Stage

**Amsterdam - Almere 17-19 May 2019**

led by  
**Fred Quant**  
*Menkyo Kaiden*

Training sessions will be held in Amsterdam and Almere.  
Training is open for all grades and beginners.

### Schedule

Friday May 17<sup>th</sup> 19:00 – 21:00 Shin-ShinBuKen Dojo Amsterdam  
Saturday May 18<sup>th</sup> 10:00 – 17:00 Sporthal Indische Buurt  
Sunday May 19<sup>th</sup> 09:00 – 13:00 Sporthal Indische Buurt

### Costs

The entire stage costs € 45, which includes lunches on Saturday and Sunday.

For one day only, the costs are € 35.

It is possible to sleep in the dojo in Amsterdam.

The extra charges are € 5 per night, including breakfast.

The meals on Friday and Saturday night are not included.

### Registration

To register for the stage, please send an email to: [jschwerzel@gmail.com](mailto:jschwerzel@gmail.com)

Please state in your email how many days you will attend  
and whether you will sleep in the dojo.

- Bring your own Jo and Bokken!

### Point of Contact

For other questions or information, please contact us at:

0031 6 343 39 540 or [jschwerzel@gmail.com](mailto:jschwerzel@gmail.com)

### Locations

Shin-ShinBuKen Dojo  
Lodewijk van Deysselstraat 107  
1064 HV Amsterdam

Sporthal Indische Buurt  
Ambonstraat 1  
1335 JV Almere

