



ITALIAN BUDO SEMINAR 2025

Intensive Japanese traditional martial arts and calligraphy workshop

Solferino (MN), Italy
Thursday July 17 –
Sunday July 20



**DANIELE
ROMANAZZI**

Aikido VI dan
Jodo Sho-mokuroku



**MARIA ROSA
VALLUZZI**

Shodō Shihan
Jodo Menkyo-kaiden
Aikido V dan
Iaido Kuden



**LORENZO
TRAINELLI**

Jodo Menkyo-kaiden
Aikido VI dan
Iaido Kuden
RSR Iaijutsu IV dan

AIKIDO-AIKIKEN-AIKIJO • MSR IAIDO • SMR JODO • SHODO

A one-of-a-kind multi-disciplinary seminar, led by an experienced teaching team, in a perfectly equipped location
An unique proposal for an intense and collected work, following the Way of the Warrior (*Budo*) and the Way of Writing (*Shodo*)



ITALIAN BUDO SEMINAR 2025

Intensive Japanese traditional martial arts and calligraphy workshop

Solferino (MN), Italy
Thursday July 17 –
Sunday July 20

TECHNICAL FORMULA

Sixth edition of the seminar that proposes the practice of various Japanese martial arts (*Budō*) and Japanese calligraphy (*Shodō*), conceived as an opportunity for very intense practice, a true full-immersion

- The activity will revolve around a unifying theme, exploring its applications in each of the disciplines involved and allowing beginners and experts to follow the technical program in its entirety
- Dedicated moments for historical and cultural insights will also be offered
- The activity is aimed at enthusiasts regardless of technical level, including beginners in one or more of the proposed disciplines

▶ Information: seminariobudo@gmail.com

▶ Website: <https://sib.shumeikai.it>

DISCIPLINES

The proposal, following a tradition inaugurated in 1980 with the series of the "Stage des Iles" in France, consists of the practice of:

- *Aikidō*
- *Musō Shinden-ryū Iaidō*
- *Shintō Musō-ryū Jōdō*
- *Shodō*

according to a daily work program that begins in the morning before breakfast and ends after dinner, for over 20 hours of total practice

▶ *Aikido* is the discipline founded by Ueshiba Morihei in the 20th century, as a synthesis of bare-handed (*jujutsu*) and armed martial arts. The proposal includes sword (*Aikiken*) and stick (*Aikijo*) work.

▶ *Iaidō* is the specialty of fencing in which you draw and cut with the sabre in a single blow. The *Musō Shinden-ryū (MSR)* school is one of the most renowned.

▶ *Jodō* is a method of stick fencing against a sabre-wielding opponent. The *Shintō Musō-ryū (SMR)* school, founded in 1605, gave rise to *Jodō*.

▶ *Shodō* is the discipline of Japanese artistic calligraphy.



AIKIDO-AIKIKEN-AIKIJO • MSR IAIDO • SMR JODO • SHODO



ITALIAN BUDO SEMINAR 2025

Intensive Japanese traditional martial arts and calligraphy workshop

Solferino (MN), Italy

Thursday July 17 –

Sunday July 20

LOGISTICS

The activity will take place at the "Le Sorgive" farmhouse in Solferino (Lake Garda area), which offers its rooms (to be shared), the tatami room (250 m²), outdoor spaces in the greenery and an outdoor swimming pool

- The 4 meals included in Options 1 and 2: Thursday (dinner), Friday (lunch and dinner) and Saturday (lunch) will be consumed at the farmhouse
- For dinner on Saturday (not included), the "Le Volpi" farmhouse lies a few minutes' walk away

▶ AGRITURISMO TENUTA LE SORGIVE

Via Piridello, 6 - 46040 Solferino (MN), Italy
A comfortable guesthouse immersed in nature and perfectly equipped for martial arts practice.

<https://www.lesorgive.it>

WHAT YOU NEED

Normal clothing (*keikogi*) and equipment for practice (including *bokken, jō, tantō* and possibly *iaitō*) ● Footwear suitable for outdoor practice, sunglasses, hat, mosquito repellent ● For those who do not already practice Shodō, the necessary material will be provided

PARTECIPATION FEES

- Option 1: **300** €/person (seminar + 3 nights lodging + 4 meals)
- Option 2: **180** €/person (seminar + 4 meals)
- Option 3: **120** €/person (seminar only)

MANDATORY RESERVATION

All participants must fill out the [online form](#) (click on the link)

- The final deadline to book Option 1 and pay an advance deposit according to the instructions on the form is **May 31, 2025**
- Beds are limited, we recommend booking as soon as possible
- The final deadline to book the other options is July 1, 2025

AIKIDO-AIKIKEN-AIKIJO ● MSR IAIDO ● SMR JODO ● SHODO



ITALIAN BUDO SEMINAR 2025

Intensive Japanese traditional martial arts and calligraphy workshop

Solferino (MN), Italy
Thursday July 17 –
Sunday July 20

► **Shihan** is the highest teaching qualification in traditional disciplines

► **Soke** indicates the head of a school in a traditional discipline

► **Shumeikai Italia** is an association that promotes the practice of Aikido according to the technical model of Tamura N. Shihan, Aikikai VIII dan

► **Mutokukai Europe** is an international Aikido network directed by S. Benedetti Shihan, and M.T. Shewan Shihan, both Aikikai VII dan

► **The European Iaido Federation (FEI)** is directed by M.T. Shewan Shihan

► **The European Jodo Federation (FEJ)** is directed by P. Krieger Shihan



TECHNICAL DIRECTION

The three teachers are united by a shared path of research and practice lasting more than twenty years

● Trained under the guidance of some of the most renowned teachers in the world (all *Shihan* and *Soke*), they are officially qualified to teach the disciplines proposed

● In addition to directing courses, they hold teaching responsibilities at a national (CSEN, Shumeikai Italia) and international level (Mutokukai Europe, European Iaido Federation, European Jodo Federation)

MARIA ROSA VALLUZZI

Practice started in 1993
Shodō, Tōka Shoin Shihan
Shintō Musō-ryū Jōdō, Menkyo-kaiden, FEJ Kuden
Aikidō, Aikikai V dan
Musō Shinden-ryū Iaidō, FEI Kuden
Tenshinshō-den Katori Shintō-ryū, Mokuroku

► In the SMR four traditional certificates are awarded: the **Sho-mokuroku** is the second (corresponding to V-VI dan), the **Go-mokuroku** is the third (VI-VII dan) and the **Menkyo-kaiden** is the last (VII-VIII dan)

DANIELE ROMANAZZI

Practice started in 1981
Aikidō, Aikikai VI dan
Shintō Musō-ryū Jōdō, Sho-mokuroku, FEJ Shoden

► In the FEI and FEJ, official teachers are classified into three levels in ascending order: **Shoden**, **Chūden** and **Kuden**

LORENZO TRAINELLI

Practice started in 1977
Aikidō, Aikikai VI dan
Shintō Musō-ryū Jōdō, Menkyo-kaiden, FEJ Kuden
Musō Shinden-ryū Iaidō, FEI Kuden
Ryūshin Shōchi-ryū Iaijutsu, IV dan, Jun-shidōin
Tenshinshō-den Katori Shintō-ryū, Mokuroku

► The **Mokuroku** is the first of the three traditional certificates of the Tenshinshō-den Katori Shintō-ryū

► **Jun-shidōin** is the first of the four teaching qualifications in Ryūshin Shōchi-ryū.

AIKIDO-AIKIKEN-AIKIJO ● MSR IAIDO ● SMR JODO ● SHODO