



After a 2 years interruption due to pandemic, it was great to welcome Michel DUCRET once again to La Mulatiere, on February, 5th & 6th 2022. He arrived, as usual, on Friday evening (after a rather hectic travel), and led a Jodo course in the wake, for students from Lon and some Happy Few who arrived a little bit before the training: Maria-Rosa from Padova, René from Bâle, Jean-Jérôme from Sion, Christian from Mâcon, and Thierry from Grenoble.

The day after, joined by the Grenoble Dream Team composed of Sébastien, Savinien, Arelsan, Mizar & Francesco, and most of the Lyon students on the deck, we were about 20 students to start the training.

After a common work on Kihon Sôtai, we divided into 3 groups. The most advanced directly started with Samidare and Gohon-no-Midare, while the others were spread into 2 groups: Chudan (almost everyone) and Omote (Cécile, and Jean-Marc who kindly took his ken to serve as her partner).

At noon, we stopped for a lunch organised by the club. The weather was fine and it was a good thing as health restrictions still prohibited us from eating indoors. So, as we usually do, we carried tables outside and ate all together in the sun (and for the luckiest, took a little nap). To be honest, it was quite better than a video drink !

In the afternoon, after a joint working session (dedicated to the first three kihons, with a hiki-otoshi start), we started to work divided into groups. Okuden and Jutte for the most advanced, while all the others started a deepening work on some Omote & Chudan katas, as well as a work on Kenjutsu and Tanjo series.

In the evening, we renewed with a delightful good habit: most of us gathered by Yves and Nathalie, with Eliane in the kitchen. To the menu: Chard and ricotta pudding. With rice and salad prepared by Yves, exactly what we need to recharge our batteries!

We ate and drank well, talked a lot and spent a very good evening. We had fun too. It was a long long time since we did not spend time all together!

We separated late in the evening and as usual, all our guests were spread to those who lodged them.

On Sunday morning, we took the same work pattern: we spent a little time all together to study Kihon Tandoku, then we got separated into several groups: at first, most advanced studied Kage, Cécile learnt Neya-no-Uchi, and all the others studied Kuritsuke of Chudan serie. Then, morning ended with Jutte for those who started its study, while the others spent their time on Kenjustu.

A noon, after a last quick lunch, everybody went back home, tired and a little bit nostalgic (always like that the end of trainings!), but so GLAD that life finally started again!

Now we just have to wait next year (I really hope that Michel will agree to come back again, with Coco this time!), and again, thank you Michel for your availability and kindness, and for the attention you paid to each of us all this week-end long.

And thank you to all of those who took part in this successful workshop : external students who came with their enthusiasm and will of doing, and those from our club who were in duty for all the week-end.