

**May 09 to 12, 2024**  
**Beware spaces are limited**



**IAIDO/KEN** : Jean Marc DESSAPT 4<sup>e</sup> dan IAIDO MSR  
*Chuden Teacher (FEI)*

**JODO**: Gilles TACHE Menkyo Kaiden SMR  
*Kuden Teacher (FEJ)*

**AIKIDO**: Daniele ROMANAZZI 6<sup>e</sup> dan Aikikai so Hombu  
*Shido in Mutokukai Europe*

**43<sup>e</sup>**

**Stage des Îles**

**Location** : Les Iles de Lérins (Cannes)

**Information** : Claude ELANDALOUSSI

**☎ 06 16 58 31 95 mail** : [luluclau@hotmail.fr](mailto:luluclau@hotmail.fr)

# 43<sup>e</sup> Les Iles Seminar 2024

## Program of the seminar

### Theme of the seminar : **UCHIDACHI - SHIDACHI**

*Uchidachi* 打太刀 means « the sword that attacks »

*Shidachi* 仕太刀 means « the sword that executes »

This could be interpreted as: "It is *Uchidachi* who takes the initiative to attack and *Shidachi* executes the parry and counterattack necessary for his survival." But in reality, the deeper meaning of this theme goes far beyond the simple translation of the kanji. The point here is to understand that *Uchidachi*'s real role is to one day bring *Shidachi* to "replace" him (*Shu-Ha-Ri*).

During this gasshuku, we will work on an important concept in Budô, that of the place and role of each person in the practice of their martial art in the Dojo.

### Technical direction : JM. DESSAPT - D. ROMANAZZI - G. TACHE.

#### Thursday May 09, 2023

12h30 - Lunch  
14h30 - Official opening  
15h00 - 16h30 KEIKO \*  
16h45 - 18h15 KEIKO \*  
19h30 - Dinner  
21h00 - MONDO

#### Saturday May 11, 2023

06h30 – 08h00 Sotai renshu  
08h15 – Breakfast  
09h15 – 10h30 KEIKO \*  
10h45 – 12h00 KEIKO \*  
12h30 – Lunch  
15h00 – 16h30 KEIKO \*  
16h45 – 17h30 KEIKO  
17h30 – 18h15 EMBU  
19h30 – BARBECUE  
21h00 – FREE !

#### Friday May 10, 2023

06h30 – 08h00 Sotai renshu  
08h15 – Breakfast  
09h15 – 10h30 KEIKO \*  
10h45 – 12h00 KEIKO \*  
12h30 – Lunch  
15h00 – 16h30 KEIKO \*  
16h45 – 18h15 KEIKO \*  
19h30 – Dinner  
21h00 – Shodo's class  
(Maria Rosa VALLUZZI – Marie and Jacky PONSOT)

#### Sunday May 12, 2023

07h00 – 08h00 Suburi – Swin in the sea  
08h15 – Breakfast  
09h30– 10h30 Common KEIKO  
10h45 – 11h45 KEIKO / Shiken  
Preparation of departure  
12h30 – Lunch  
14h00 – Departure from the Island

\* At each time slot, two different workshops will be proposed.



# 43<sup>e</sup> Les Iles Seminar 2024

## Informations

### Location :

The seminar takes place in the Fortress of the Sainte Marguerite Island, off the shore of Cannes, France. The ferry to the island departs from a dedicated dock at 10 min. walking distance from the train station, in Quai Leboeuf.

Ferry timetable : 07h30 – 09h – 10h – 11h – 12h ...

### Seminar fee :

Complete seminar **280€**

Single day without meal **30€**



### Evening dinner on Saturday may 11, 2024 :

As usual, we suggest you have a BARBECUE for the last evening.

## REGISTRATION

✂-----

SURNAME :

Forename :

Adress :

Town :

ZIP :

Country :

E mail :

Tél :

Please send this registration form by **April 15, 2024** at the latest, including an advance payment by bank cheque for the sum of 100€ (in the name of Jodo Club Côte d'Azur), to Claude ELANDALOUSSI : Les Fontaines de St Jean - 250 avenue Maréchal Juin  
06110 Le Cannet (France) Email : [luluclau@hotmail.fr](mailto:luluclau@hotmail.fr)

### IMPORTANT

Lunch on Thursday ☐ yes ☐ no

Lunch on Sunday ☐ yes ☐ no

Végetarian ☐ yes ☐ no

Allergy : ...

### IMPORTANT

I hereby declare to be fully insured for any accidents that may occur during the seminar, thereby waiving any liability from the organizer. And i do not oppose the possible use of my image.

Place and date:

Mandatory signature: