

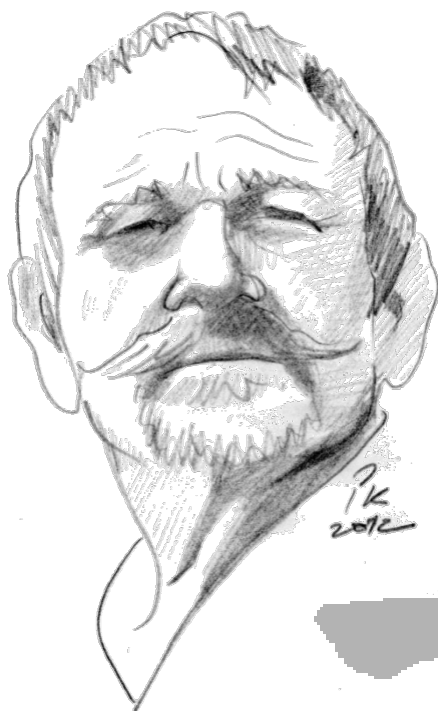
Soraga   
2021 AIKI ❖ KEN ❖ JO

# ALPINE BUDO SEMINAR 2021

## XXI TRADITIONAL JAPANESE MARTIAL ARTS INTENSIVE SEMINAR

June 24 ~ 25 ~ 26 ~ 27, 2021

Soraga, Val di Fassa (Tn), Italy



*The Alpine Budo Seminar is coming back after the forced break in the last year, due to the general health situation. We shall join again to perfect the study of **Aikido**, **Aikiken**, **Iaido** and **Jodo** – the core disciplines of the seminar since its very start – under the guidance of our historical teachers **Malcolm Tiki Shewan Shihan**, **Pascal Krieger Shihan**, joined this year by the special guest **Stéphane Benedetti Shihan**. Again, we will be pampered by the hospitality of the freshly renovated Wellness Hotel Dolomia in Soraga, in the beautiful Val di Fassa. Together with our teachers, I hope to welcome many of you, together with your companions and family members if you wish.*

*A presto!*

*Lorenzo Trainelli*



## General information

### Technical direction

The technical direction has been proposed to our historical teachers **Malcolm Tiki Shewan Shihan** (who is making every effort to join us from the U.S.A.) and **Pascal Krieger Shihan**, plus, as a special guest this year, **Stéphane Benedetti Shihan** (the latter two already confirmed their attendance).

### Location

Wellness Hotel Dolomia, Via Molin 2, 38030 Soraga (Val di Fassa, TN), Italy.

Tel. 0462.768107 – E-mail: [info@wellnessfassa.it](mailto:info@wellnessfassa.it) – Web: <http://www.dolomiahotel.com>

### Dates and time schedule

Opening on Thursday, June 24<sup>th</sup>, at 2:00 pm – Closing on Sunday, June 27<sup>th</sup>, at 1:00 pm.

### Conditions for participation

We propose the participants a “full package” including:

- practice of the arts: *Aikido*, *Aikiken/Kenjutsu*, *Iaido* and *Jodo* for about **18 hours total**;
- lodging in double, triple, 4-bed rooms as appropriate; it is possible to ask for single-bed use (extra: 20 € per day) and/or for upgrading to a Junior Suite (extra: 15 € per day, per person);
- all meals from Thursday evening dinner to Sunday breakfast;
- use of the hotel relax & wellness facilities.

Complete seminar: **Euro 350** (without extras)

The seminar is conceived to be attended in its entirety. A **self-certification** will be asked to guarantee one's own negativity to COVID-19, according to the rules in force. Currently, it is necessary to obtain a negative result from a swab test taken no more than 48 hours before the start of the activity.

Accompanying persons can take advantage of **reduced** participation fees, as well as children, according to their age. Please contact the organizer to get detailed information.

### Reservation and payment

Those interested in the seminar should contact the organizer **as soon as possible** by sending an email to [lorenzo.trainelli@gmail.com](mailto:lorenzo.trainelli@gmail.com)

An **advance payment** of 50 Euro will be requested for each participant (practitioners and non-practicing guests alike) through bank transfer. The balance payment **must be paid in cash** on site. Please note that credit cards, bank cheques or other forms of payment will **not** be accepted.

### Organization and information

Lorenzo Trainelli mob. +39.340.6985428 – email [lorenzo.trainelli@gmail.com](mailto:lorenzo.trainelli@gmail.com)

Soraga  
2021

VALDI  
FASSA



AIKI ❖ KEN ❖ JO

21<sup>st</sup> Alpine Budo Seminar

## Technical programme

### Planning

Practice starts on Thursday, June 24<sup>th</sup>, at **3:00 pm** and closes on Sunday, June 27<sup>th</sup>, at **1:00 pm**.

About **18 hours of practice** are envisaged, a part of which in common classes, another in parallel courses, in the following disciplines: *Aikido*, *Aikiken* with elements of classical *Kenjutsu*, *Iaido* (*Muso Shinden-ryu* and possibly other schools), *Shinto Muso-ryu Jodo*.

Practice will mainly take place **in the open air**, in compliance with recommended guidelines.

The **detailed programme** of activities will be finalized on site: in addition to practice and resting time, it will include the traditional conference on **Shodo** (Japanese calligraphy) by P. Krieger, *Shodo Shibhan*.

On Saturday morning, given suitable weather conditions, a **mountain practice session** is scheduled, in a nearby valley at 2,000 m. A meal – fully arranged by the hotel – will be served on place.



### Equipment

It is mandatory to bring, together with a few *keikogi* and the **weapons** (*bokken*, *jo*, *tanto*, possibly *iaito*), the minimal equipment for a **mountain walk** (trekking boots, wind coat, small rucksack, etc.). Sunglasses and a peaked cap may be useful for **outdoors** practice. Please consider the possibility of variable weather conditions in an alpine climate setting.

