

# 41e Les lles Seminar 2022

# Program of the seminar

Theme of the seminar: KAESHI WAZA

#### Main goal of the seminar:

The overall interpretation would be "how to return a situation to its advantage". To quote Pascal Krieger Shihan, the basic meaning is to "reverse the weapon", to reverse the attack. This situation can happen thanks to the energy developed during the initial attack and turn against its initiator. The window of action, and therefore of reaction, is very narrow. The answer must then be spontaneous, intuitive and based on solid fundamentals (Shisei-Zanshin-Maai-Kikentai) ...

**Technical direction:** D.BOETTI and JM.DESSAPT, D.ROMANAZZI, G.TACHE.

# Thursday May 26, 2022

#### 12h30 - Lunch

14h30 - Official opening

15h00 - 16h30 KEIKO\*

16h45 - 18h15 KEIKO\*

19h30 - Dinner

21h00 - MONDO

### Saturday May 28, 2022

06h30 - 08h00 Sotaï renshu

08h15 - Breakfast

09h15 - 10h30 KEIKO \*

10h45 - 12h00 KEIKO \*

12h30 - Lunch

15h00 - 16h30 KEIKO \*

or Preparation of exams

16h45 - 18h15 Exams (JODO/IAIDO)

or KEIKO \*

19h30 - BARBECUE

21h00 - FREE!

## Friday May 27, 2022

06h30 - 08h00 Sotaï renshu

08h15 - Breakfast

09h15 - 10h30 KEIKO \*

10h45 - 12h00 KEIKO\*

12h30 - Lunch

15h00 - 16h30 KEIKO \*

16h45 - 18h15 KEIKO \*

19h30 - Dinner

21h00 - Shodo's class (MR.V/J et M.P)

#### **Sunday May 29, 2022**

06h45 - 07h45 EMBU

08h15 - Breakfast

09h30-10h30 Seminar recapitulation

10h45 - 11h45 Common Keiko

Preparation of departure

12h30 - Lunch

14h00 – Departure from the Island

<sup>\*</sup> At each time slot, two differents workshops will be proposed.

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#### Location:

The seminar takes place in the Fortress of the **Sainte Marguerite Island**, off the shore of Cannes, France. The ferry to the island departs from a dedicated dock at 10 min. walking distance from the train station, in **Quai Lebœuf**. Ferry timetable: 07h30 - 09h - 10h - 11h - 12h ......

Seminar fee:

<u>Complete seminar:</u> **270**€ <u>Single day without meal</u>: **30**€



# **Evening dinner on Saturday May 28, 2022**:

As usual, we suggest you have a **BARBECUE** for the last evening.

## REGISTRATION

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	SURNAME: Adress:	Forename:		
	Town: E mail:	ZIP:	Tél :	Country:
	Please send this registration form by <b>April 30, 2022</b> at the latest, including an advance payment by bank cheque for the sum of 100€ (in the name of Jodo Club Côte d'Azur), to Claude ELANDALOUSSI: Les Fontaines de St Jean - 250 avenue Maréchal Juin 06110 Le Cannet (France) Email: luluclau@hotmail.fr  IMPORTANT  Lunch on Thursday □ yes □ no Lunch on Sunday □ yes □ no Végetarian □ yes □ no  IMPORTANT  I hereby declare to be fully insured for any accidents that may occur during the seminar, thereby waiving any liability from the organizer. And i do not oppose the possible use of my image.			
	Place and date: <u>Mandatory signature</u> :			