

# 10<sup>th</sup> Spring gasshuku in Fribourg (CH)

Saturday 29th and Sunday 30<sup>th</sup> of April 2017

For the tenth Fribourg Jodo gasshuku, Pascal honoured us with his presence. About thirty jodokas attended this gasshuku, coming from France with the group from Lyon, directed by Nathalie, from Germany with Matthias and 2 of his students and of course from Switzerland, with people coming from Geneva, Montreux, Basel, Zurich, Neuchâtel and Sion.



Ji 自  
Ta 他  
Kyô 共  
Ei 榮

*Entraide et prospérité mutuelle*

The theme of this gasshuku was Ji Ta Kyô Ei or Mutual Prosperity. I asked for this theme because it shows quite well that the martial art we practice is not aiming to the destruction of an enemy but rather to develop a relationship which helps each participant to get better in the study of jodo.



Pascal linked this knowledge with the work of Ushidachi who has to be precise and accurate in his attacks. Only a good ushidachi is able to push shidachi to get better and better. This accuracy can be sometimes hard to deal with as you can see on the photo.

All along the week end, the jodokas worked seriously. Everybody enjoyed the meals prepared by Severin's wife (with Marie's help) and specially the traditional fondue



Sunday morning, advanced people practiced Ikkaku-ryū juttejutsu with Michel who demonstrated his ability for levitation. 😊



Thank you to all participants and to Pascal for his rich and generous teaching.

See you next year

Yves Galley